

# Later Life Community

**Working with  
and for people  
aged 65+ across  
Suffolk**

**01284 334516**



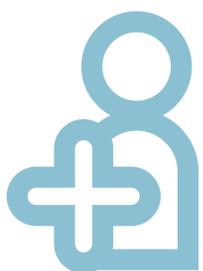
**Connect – a single point of access telephone support service for issues or concerns affecting people in later life**



**Online – regular tablet training courses to support people to become more digitally integrated**



**Engage – working with individuals in their community to encourage community engagement and integration**



**BeAFriend and catch-up calls – regular calls with people who may be feeling lonely or socially isolated, through a supportive volunteer network**